SELF Portrait

Take a good look at yourself. What do you see? After you complete this verbal self-portrait, you should have a clearer and complete view of the person you are at this point in time. Answer each questions as honestly as you can.

1. What do I look like?
2. What do I like to think about?
3. What do I like about myself?
4. What are my best character traits?
5. What traits would I like to develop or strengthen?
6. What is my secret dream or goal?
7. What do I wish or hope I’ll be doing 10 years from now?
8. What are my interests? (Hobbies etc.)
9. What do I see as a career or job someday?
10. Anything other comments about myself are: